

PRIORITY PLANNING PART THREE

Designing a Mini-Makeover Path to Meet Your Needs

The need to grow, learn, manage, and balance our lives does not end. My favorite part of the Make Today Matter journey is that it does not end either! Just like you, I continue to grow and learn and this community is intended to be an ongoing journey for us to continue growing together. While many of you took advantage of the premiere membership one-year special, as I write this in 2008 I am thirty-four-years-old and foresee many more years of Making Today Matter! I am in the process of scaling back many of our offerings so I can be in alignment with my true vision—helping women in the ongoing journey to make today matter.

As part of the ongoing journey, each month you will be offered opportunities to learn and build your personal Toolbox through the Mini-Makeovers.

What is a Mini-Makeover?

For anyone who is familiar with our online classes, a Mini is similar except...

- A Mini-Makeover is a highly focused exploration of a specific topic. Until now if you wanted to learn budgeting, you would need to take the six week Financial Freedom course. Now you can choose a Mini-Makeover specific to just budgeting.
- You can take as long as you like to complete them. As long as you are an active member you will have access to the Mini-Makeover tools and forums.
- Minis, unless otherwise noted, are designed to be completed in 7-10 days (although you can take as long as you like and always have support as long as you are a Make Today Matter Member)
- Unlike a class that starts and ends with students changing, Minis are exclusive to the Make Today Matter community. You can cross paths with members you have met in the Toolbox, Community Forums, or new members once they arrive at Phase II – The Mini Makeovers. (Good news—unlike the online classes, you don't have to continually reintroduce yourself!)

- Each Mini connects to an area of the Snapshot so you can easily choose Minis based on your Snapshot findings.
- Each month you can choose up to three new Minis. This allows you to choose based on your needs each month. You can submit your choice at any time during the month. (You need not complete your previous choices before picking new ones; we simply limit new selections to three per month to encourage balance.)
- Starting in May chat rooms will be available where you can easily connect with other members working on the same Mini whenever you like.
- Minis will be delivered to the new MTM Membership Management area. If you ever lose them, or have a computer malfunction, you can simply login into the Membership center to re-download. (More information is available in the Choosing Your Minis area.)
- New Minis are always being added to the Mini-Makeover Catalog.

HOW TO DESIGN YOUR MINI-MAKEOVER PATH

The Mini-Makeovers are divided into categories. Currently the following categories are available.

Catalog Category	Recommend for the following Life Areas:
• Attitude & Outlook	Attitude and Outlook, Self-Esteem, Energy
• Community	Community
• Energy	Energy, Time Management
• Goals	Main Hat, Self Time
• Health & Wellness	Health, Self-Esteem, Energy
• Housework	Household Maintenance, Time management
• Information Management	Information Management, Time Management
• Joy and Purpose	Self-Time, Attitude and Outlook
• Main Hat	Main Hat
• Menus & Mealtimes	Meal Planning, Time Management, Info. Management
• Money Matters	Money Management, Information Management
• Relationships	Relationships
• Sanity & Sanity Savers	Energy, Attitude and Outlook
• Self-Discovery	Self-Time, Self-Esteem
• Self-Esteem Minis	Self-Esteem, Energy, Health
• Simplicity	Information Management, Time Management
• Spirituality	Religion and Spirituality, Self-Time
• Time Management	Time Management

Find the top areas of Snapshot you completed for the month and use this as a starting point to browse the Mini-Makeover catalog. For example, my Snapshot reveals that Health is one of my top areas. If I look at the column on the right I see that Health topics that might be of interest can be found in the Health & Wellness category and Self-Esteem categories. I would check out those areas first to see what Minis might help me. (You do not have to choose from these areas but is recommended even if another topic really catches your eye. Remember, what we want to work on and what we need to work on may not always match! For best results stay focused on what you *need* to work on. If you find this really challenging, choose two Minis based on need and one based on want.)

Now it is time to visit the Mini-Makeover catalog. You can do so by following this link: <http://www.brooknoelstudio.com/mtmmembernews/>

((This link is also available on the main page of the site, center column). Remember you can choose up to three Minis once per month. You can choose them at ANY time during the month.)) Here is a quick guide on how to navigate the Mini-Makeover catalog.

The screenshot shows the 'Mini-Makeovers' section of a website. At the top is a navigation bar with links: Home, Mini-Makeovers, Complete List, Browse by Category, a search box, and a Search button. Below this is the title 'Make Today Matter Mini-Makeover Catalog'. The main content area is titled 'Mini-Makeovers' and includes a sub-header 'Mini-Makeovers are a feature of the new Make Today Matter Life System by Brook Noel.' followed by a section 'April Mini-Makeover Schedule:'. The schedule text describes the timing and process for April. To the right is a sidebar with links: 'Subscribe' (with a RSS icon), 'Browse Mini-Makeovers' (with a 'Select Category' dropdown), 'More from Brook Noel' (listing 'Become a MTM Member', 'Good Morning Inspirations', and 'The Daily Rush'), 'MTM Quick Links' (with a link to 'Members: Go back to MTM'), and 'Newest Minis' (listing 'Special Mini - Faith Matters (ongoing)' and 'Mastering Meal Planning').

1. Click here to view a complete list of the Minis available in the catalog.

2. Click here to browse by category.

3. Type in a search term if you are looking for a specific mini.

4. You can use this dropdown box to view by category

5. This link will take you back to the main MTM site

6. This area will always show the most recently added Minis. Click on the name to learn more.

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IMPORTANT REMINDERS:

1. If one of your top life areas is meal planning, make sure to schedule time to visit Menus and Mealtimes area for downloadable menus
2. If Household Maintenance is one of the life areas need attention on your Action Plan, make sure to take advantage of the Online Sprinting area included in your Make Today Matter Membership. Every 30 minutes between the hours of 6:00 AM and 11:00 PM CST, seven days a week, a trained moderator asks participants to share an area they plan to focus on and then does a 3...2...1..CHARGE kick-off. Twenty minutes later, women report back to their computer screens to share progress. A sprint reward program is included for tracking your progress (along with monthly rewards), a printable tracking sheet, and a monthly Housework Helpers newsletter. **Coming in April** – Sprint on Your Own Rooms! You can set up a time to meet with a partner or other members to take action on almost any area!

Coming soon: MTM Member Rooms! You can arrange your own member chats to connect with other members working n similar goals.